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Fewer female smokers, rising obesity among population

Vienna, 2020-10-19 – 24% of men and 18% of women in Austria smoke daily. This is a main result of the "Austrian Health Interview Survey 2019", carried out by Statistics Austria on behalf of the Ministry of Health and the Federal Health Agency. This means a decline in smoking rates compared to 2014 by 3.0 percentage points for men and 3.4 for women. Moreover, women eat more often fruits and vegetables than men. The proportion of obese persons among the population has increased by 2 percentage points since 2014. Almost half of the Austrian population does at least 150 minutes of moderate-intensity physical activity throughout the week and thus complies with a recommendation of the WHO. Young men in particular are physically active.

For more detailed information please refer to the [German version](#).